



Nutritional Status Profiles of Cardio-vascular Diseases with Special Reference to Dietary Vitamin C

■ T. DEEPA REDDY AND K. ANURADHA

See end of the paper for authors' affiliation

Correspondence to :

T. DEEPA REDDY
Department of Home Science,
S.V. University, TIRUPATI
(A.P.) INDIA

ABSTRACT : Diet plays an important role in the well being of the people. People suffer with several health related diseases due to alterations in their regular diet consumption. Studies have related diseases due to alterations in their regular diet consumption. studies have revealed that cardiovascular diseases (CVD) problem is one of the major health risk diseases faced by majority of population .CVD has become the leading cause of mortality and morbidity in many countries, especially in India various levels of CVD risk factors are raising with rapid nutritional and epidemiology transition. The present study was conducted to visit the 30 government and private hospitals. To assess the dietary vitamin C composition to study sample were 80 subjects .The major purpose of the investigation was to focus on the relation between vitamin C status among the subjects suffering from CVD. Results revealed that hospitalized subjects are high compare to non- hospitalized subjects.

KEY WORDS :

Nutritional Status Profiles, Cardio-vascular diseases, Special reference, Vitamin C

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